

# CHANGE MANAGEMENT

## COACHING: ORGANISATIONAL CHANGE MANAGEMENT

### Available Formats and Pricing

Twilight Introduction  
 Half Day Development  
 Full Day Comprehensive

Available Online or Face to Face  
 \*Priced per head with Group discounts available

### Course Introduction

Change can be difficult at any time, and COVID-19 has created rapid changes to business and employees.

This course will allow you to identify the key components of change both individually and collectively and address the associated issues around mental health, well-being, resilience and the impacts of stress.

### Course Outcomes

By the end of the INSET, delegates will have:

- Ways in which to communicate and implement change in a business environment
- Full Stress Audit
- How to raise awareness of mental health
- How to implement collective well-being
- How to raise resilience without creating an us and them culture
- Recognise the emotional needs of staff
- Implement simple and more profound strategies to allow for independence
- Collective stress levels identified

### Trainer Profile

Ross McWilliam has been involved with formal education for over 30 years and has probably changed the lives of over one million children, young adults and professionals within the field of mindsets.

He has worked with over 1,000 schools and businesses and has a real passion for helping to develop and sustain professionals.

Ross is accredited by Mental Health First Aid England (MHFA) and delivers training and keynote speaking at various national conferences, school clusters and business managers forums.

“Enthusiastic, enthralling, and entertaining, Ross McWilliam is an inspiring individual. I've known Ross for many years, and much as I have to do on a daily basis at Network ITN News, he engages the audience. Ross clearly has a love for learning and is also passionate to share that knowledge.”

**- Richard Frediani, Senior News Editor ITV News**



07771 916 788



ross@mindsetpro.co.uk



www.mindsetpro.co.uk



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 ROSS McWILLIAM  
 DEVELOPING PEOPLE - IMPROVING PERFORMANCE