



INSET: CLASSROOM DEVELOPMENT OF SELF-ESTEEM, CONFIDENCE, RESILIENCE AND GROWTH MINDSET

Available Formats and Pricing

Introduction
Half Day Development
Full Day Comprehensive

*Priced per head with Group discounts available

Course Introduction

An overview of how self-esteem, confidence, resilience and growth mindset creates the foundation for emotional stability and academic success. A focus on each constituent part, ie, what they are, how to improve them and how to measure them.

This course helps children perform better in the classroom, once they understand the foundations of their own belief and capability systems.

Course Outcomes

By the end of the INSET, delegates will have:

- Understand self-esteem and how to measure it
- Understand confidence and how to measure it
- Understand resilience and how to measure it
- Understand growth mindset and how to measure it
- Identification of barriers
- Quick and long term win strategies

Trainer Profile

Ross McWilliam has been engaging educating and empowering people for the past 30 years. He has worked in over 1500 schools, colleges and universities developing the mindset of pupils, teachers and senior leaders.

He has written for various journals such as Times Educational Supplement, SecEd, Head Teacher Update, Meetings & Incentive Travel and Lancashire Business View. Ross is a published children's author, more information can be found at: www.cuppajourney.com

“Ross has a wealth of experience working with young students, We have used him for many years and each and every time the students really get something out of his sessions. The engagement is phenomenal!”

Jonny Ellithorn NCS Manager Blackpool FC



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